

PRECORDIAL THUMP

INDICATIONS:

Performed following a witnessed cardiopulmonary arrest:

- Ventricular fibrillation.
- Ventricular tachycardia (unconscious, pulseless).

PROCEDURE:

- Place patient supine on a hard surface.
- Locate mid–sternum in between the suprasternal notch and bottom of the sternum.
- Using the fleshy portion of the fist at 8–12 inches above mid–sternum deliver a sharp, strong blow ONE TIME.
- Reassess monitor, pulses.

SPECIAL NOTE:

Not indicated for pediatric patients.